



SUMMER TIPS FOR DOGS & CATS

SIMPLE SAFETY TIPS TO ENJOY A CAREFREE SUMMER

While unexpected illnesses and injuries can happen at any time during the year, some are more prevalent seasonally. Here are a few potential pet problems to keep in mind as you have fun in the sun this summer.

trupanion®

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SUMMER CELEBRATIONS

As many pet lovers know, the pops and crackles of fireworks can really stress out pets. To help relax your dog or cat, exercise them beforehand, keep them indoors, close windows and doors, and create white noise by turning on the radio, TV, or a fan. Your cat will probably hide under a bed or couch, but you can try to get your dog's mind off the loud noises by teaching them a new trick or playing a game like fetch or tug-of-war.

DID YOU KNOW THAT MALE MOSQUITOES DON'T BITE HUMANS OR ANIMALS? INSTEAD, THEY FEED ON FLOWER NECTAR.



MOSQUITOES AND FLEAS AND TICKS! OH MY!

These critters enjoy the warm sunny weather just as much as you do. Make sure to stay up to date with your pet's flea and tick treatments and heartworm prevention medication. There are a lot of options, so ask your veterinarian which is best for your pet.

EVALUATE THE TEMPERATURE OF SIDEWALKS BY PRESSING YOUR HAND ON THE SURFACE FOR 7 SECONDS.

TOO HOT TO TROT

Have you ever walked barefoot across asphalt, concrete, or sand on a hot, sunny day? Ouch! Your pet's paws are just as sensitive to this heat as your bare feet are. To avoid these blistering hot surfaces, walk your pet during the cooler morning or evening hours, or stick to grass and other surfaces that stay cooler.

KEEP IT COOL

Dogs and cats are particularly susceptible to heatstroke — a potentially life-threatening condition. To keep your pet cool and hydrated, provide plenty of water and shade or keep them in a cool, air-conditioned room. Learn the signs and what to do if you suspect your pet has heatstroke.

Signs:

- Panting or salivating excessively
- Weakness
- Staggering or walking unsteadily
- Vomiting
- Deep red or purple tongue
- Warm, dry skin
- Glazed eyes
- Rapid pulse

What to do:

- Immediately call your veterinarian
- Move your pet to a cooler area
- Avoid sudden cooling (like putting your pet in an ice bath)
- Apply isopropyl alcohol 70% to their foot pads, place a cool damp towel on their back, and allow them to drink small amounts of water



**SOME
TURKISH VANS,
NICKNAMED
“SWIMMING CATS,”
ACTUALLY LIKE
TO SWIM.**

HYDRATION & FLOATATION

Going on a hike or spending the day at the beach? Bring plenty of fresh, clean water for your pet to drink. Salt from ocean water and microscopic parasites in lakes, streams, and puddles can make your pet sick.

While most dogs can swim, not all dogs are meant for a life in the water. Flat-faced dog breeds, like French Bulldogs or Pugs, often struggle to swim because of their short snouts and broad chests. If your pet is a swimmer, keep an eye on them and make sure they have an easy way to get out of the water — you can also get a life jacket for your furry friend.

Average cost information based on 2014 Trupanion data.



THERE IS A 15% INCREASE IN EAR INFECTIONS DURING THE LATE SUMMER MONTHS.

ON AVERAGE, PET ALLERGY TREATMENT COSTS \$420 PER YEAR.

ALLEVIATE ALLERGIES

Allergies hit humans hard in the spring, but pets are most affected by allergies in late summer — specifically in August. Pets can be allergic to almost all of the same things as humans, and their symptoms are often similar to ours as well. Think your pet has allergies? Call your veterinarian to discuss a treatment plan that best suits your pet.

ALLERGIES ARE OUR #1 MOST FREQUENTLY CLAIMED CONDITION.

FROM EAR TO EAR

Does your dog love to play in the water during the summer? It's a great way to cool off, but also a great way for them to wind up with an ear infection, especially for dogs with floppy ears. Drying your pup's ears with a towel after they play in water helps prevent ear infections.

PETS IN VEHICLES

It's no secret that pets and cars on a sunny day do not mix. If you see a pet in danger, say something:

- Alert business management
- Call police or animal control
- Record vehicle information: make, model, color, license plate
- Stay with the pet until help arrives — you can save a life!

Need to run errands? Do your pet a favor and leave them at home. Never leave your pet unattended in the car, even with a window cracked, and especially not in the sun. If you need to take your furry friend with you, have another person stay with them in the car and keep the air conditioning running. Temperatures rise faster than you think.

Read more at Trupanion.com/pet-care/hot-cars.